



NEWS & NOTES

a whole-hearted community, feeding body, mind, and spirit

October 1, 2021

Theme: Reason



UCH COMMUNITY CALENDAR

October 2nd - October 9th, 2021

Saturday, October 2

10:30am Board Retreat

Monday, October 4

7:00pm. Buddhist Meditation

Wednesday, October 6

7:30pm Green Sanctuary Meeting

Sunday, October 3

8:45am Newcomers Breakfast

10:30am Sunday Service

12:00pm Social Justice Qtrly Mtg

Tuesday, October 5

3:00pm Wise Elders Gathering

7:00pm Prison Ministry

Thursday, October 7

8:30am Breakfast Group

Saturday, October 9

10:00am Worship Associates Mtg

CARING CORNER

The ripples of our lives touch those around us. We keep in mind all of our members and friends including...

- Love & Care to Ian Elliott, son of Linda Karlin, who is recovering from back surgery.
- Kris Grady is in our thoughts following the death of her mother. May her family find peace in loving memories.
- Remember those folks who have lost loved ones this year. Keeping them in mind, inviting them to events, sending texts and cards all help to let them know we still care.



Please let us know of folks we should add to our list and share with our Caring Circle Coordinators by emailing [Pam Fodor](mailto:Pam.Fodor@uchhinsdale.org) or [Rev Pam](mailto:Rev.Pam@uchhinsdale.org). Also email [Cherita](mailto:Cherita@uchhinsdale.org) to be included in N&Ns.

GOOD NEWS & GRATITUDES



Dennis Sejut celebrated his 75th birthday on Wednesday, September 29th. Contrary to what he might tell you, ("only mortals have birthdays") he does, in fact, have a birthday and we should all celebrate him this week! So make sure to tell him happy birthday if you see him at church on Sunday or send him a birthday wish via email, dennissejut@icloud.com

UPCOMING WORSHIP SERVICE

Hybrid Worship Continues - Masks Required

All attendees must wear a mask. We will continue to share the service on Zoom for at-risk people and those who would rather wait and be safe for the time being.

Sunday, October 3rd: Is Anyone Really Woke?

Rev Pam Rumancik (She/Theirs)

Woke-ness is a thing these days, sometimes used as a compliment, sometimes a judgment. Often it's a term used to criticize folks who claim to be on the same side of an issue. Woke has become a word with negative connotations because it is absolutely all in the eye of the beholder. We'll examine the woke phenomenon and see if there's something else we might be looking for instead. Wake up early so you can join us!!



Click [HERE](#) to Join on Zoom

You can view past services [here](#) on Youtube.



Sunday, October 10th: Perfectionism, Punctuality & Purity

Rev. Chip Roush (he/they) - Video service

Why do some people say that perfectionism is an aspect of white supremacy culture? Why isn't it racist to say such a thing? How does any of this help anybody? Beyoncé, grammanatrixes, and our Unitarian ancestor, Rev. Joseph Tuckerman, help us explore the differences between excellence and perfectionism.

Rev Chip Roush serves the First Unitarian Church of South Bend, Indiana and will join us virtually in the service.

RELIGIOUS EDUCATION

THIS WEEK IN THE RELIGIOUS EDUCATION PROGRAM

PLAY GROUP

Supervised play for our children ages three and under

SPIRIT PLAY

Our Spirit Play children will wonder about our first principle, respect the importance and value of every person, through the story Belinda's Bouquet.

CHAPEL SERVICE

Our young people in Chapel Service will explore Wonder and Awe as one of the sources of our UU faith.

COMING OF AGE

Our Coming of Age program will not meet this Sunday.

SENIOR HIGH YOUTH GROUP

Our Senior High Youth will meet to share fun and fellowship at 10:30 am.



For more information on RE programming, how to become involved, or on our Covid protocols please visit our website www.hinsdaleunitarian.org or contact Pam Fodor at re@hinsdaleunitarian.org

NEWCOMER'S MEET AND GREET

Breakfast Meet & Greet for Newer Folks! Sunday, October 3rd at 9:30am

Have you been attending The Unitarian Church of Hinsdale (UCH) for a Sunday or two, or more in person or virtually?

Would you like to meet other newcomers, friends, and members of UCH?

Then you will want to join us for our Newcomer's breakfast! We would love to meet you and get to know you better!

JOIN US:

Sunday, October 3rd at 9:30am at
The Unitarian Church of Hinsdale
11 W. Maple Street Hinsdale, IL 60521

Following breakfast, we invite you to stay and join our service. All ages are welcome for breakfast and childcare and Religious Education for our young people will be provided during the service.

Contact Pam Fodor re@hinsdaleunitarian.org or 630-323-2885 for questions and to RSVP.

SEE YOU SOON!!!



HINSDALE TOASTMASTERS

Hinsdale Toastmasters coming to UCH Tuesday evenings October 5th and 19th

According to the National Institute of Mental Health, fear of public speaking is a common social phobia, ranking right up there with the fear of spiders, sharks, heights, and even death! But we have good news for you. For a limited time, Hinsdale Toastmasters, which normally meets at Hinsdale Public Library, will be coming to UCH on the first and third Tuesdays from 7:15 until 9:00 p.m. Its next meetings will take place on October 5th and 19th in Joshi Chapel (on the second floor of our R.E. building).



The mission of Toastmasters is to empower individuals to become more effective communicators and leaders. Meetings include both prepared speeches and spontaneous two-minute talks that attendees give on subjects assigned to them by the evening's Topic Master. Come have some fun while learning to relax in front of an audience. Open to UChers and friends of all ages. Questions? Contact Lynn Rotunno or Jonathan Hand (312.927.7637).

NON-FICTION BOOK GROUP

Join the discussion of **THE BEAUTY IN BREAKING** book by *Michele Harper* on Tuesday, September 28, 7:30 PM by using the following link:

The Unitarian Church of Hinsdale is inviting you to a scheduled Zoom meeting.

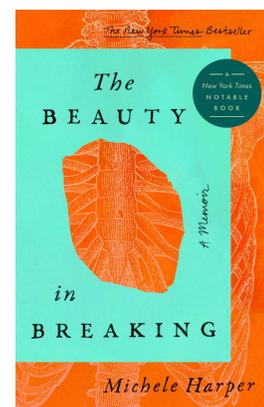
Topic: Non- Fiction Book Group

Time: Tuesday, September 28, 7:30 PM Central Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87082881818>

Meeting ID: 870 8288 1818



NEIGHBOR NIGHTS

Neighbor Nights Coming this Fall to an Area Near You!!

The Membership Committee is organizing the popular Neighbor Nights this fall for VACCINATED members and friends. Our congregation is spread across several communities and Neighbor Nights gives us an opportunity to get to know the members and friends who live close by.

If you would like to host an event please contact Mary Getty (kikget@gmail.com) The host picks a date and time in the fall, invites members in their area (list will be provided), asks for people to bring food, and beverages to share and VOILA! -- it's a party! Our church community loves these small group get-togethers!

Because some of the areas are small, this year we are combining some of them. These are the host areas:

- 1 & 3) Hinsdale, Clarendon Hills, Burr Ridge, Indian Head Park, Western Springs, Willow Springs
- 2) Willowbrook, Darien, Westmont – Sandy Buboltz to host
- 4) Elmhurst, Villa Park, Bensenville, Des Plaines, Roselle
- 5 & 6) Westchester, Brookfield, River Forest, Chicago, Berwyn, LaGrange, LaGrange Park, Countryside, Hodgkins
- 7 & 8) Downers Grove, Lombard, Oakbrook, Oakbrook Terrace, Woodridge, Plainfield, Romeoville, Shorewood, St. Charles, Glen Ellyn

REMEMBERING GEORGE MRAZEK

George Mrazek Celebration of Life Service Saturday, October 23 @ 11:00 am - On-site and via [Zoom](#)

Join family and friends in celebrating the life of **George Mrazek**, a longtime member of our community.

George Mrazek embraced life with both extreme reason and soul. He told his children that they could hold any opinion they liked, but they'd better be able to back it up... [Read more](#)



GREEN SANCTUARY NEWS

Reconsider Your Fall Garden and Yard Strategy

We hope that you all have been learning about the importance of planting native species by reading Doug Tallamy's book "Nature Best Hope," enjoying the Butterfly Milkweed plants we handed out earlier in the summer and planting some of [the native plants we suggested](#) earlier this year.

Now that cooler weather has arrived, you are likely planning your fall garden tasks. You may not realize that some of your cleanup choices can make the difference between helping insects and wildlife to thrive or creating "dead zones" in your yard that do nothing to help the environment and ecosystem. Here are some helpful things you can do to provide food, shelter, nesting materials, soil enhancement, and winter interest for a sustainable landscape:

- Leave plant stems and dead flower tops in your garden over the winter
- Leave dead wood and branches down where possible
- Let your dead leaves remain on the ground over the winter
- Don't mow your lawn too short and mulch the grass you cut back into the lawn

Do you live in a municipality or community with a homeowner's association that frowns on such practices? Consider advocating for changes that benefit the environment and the planet, which "neat and green" does not. Learn more at [7 Reasons Not to Clean Up Your Fall Garden](#)



Styrofoam can be taken to Theater of Western Springs on Saturday, Oct 2, 9:00-noon ,
lease do not bring foam to church except for the Sunday preceding the first Saturday of any month.

PLASTIC-FREE LAUNDRY TIPS

by Karen McDowell

Stop lugging heavy jugs of water-based laundry detergent home and then recycling them. The innovation is SHEETS of cleanser! They do an amazing job and save millions of jugs from landfills. They are sent to you in recyclable, compostable cardboard envelopes. You just place one notebook-size sheet into your machine's dispenser and get clean laundry with no soap residue. Although Green Sanctuary can't officially endorse a particular product, here are some you can explore: **dropps**. **Earthbreeze** (ask me for a sample). **Earthwash**. **etee**. **Sheets Laundry Club**. **TruEarth**. There are probably others. While on their sites, you might find other plastic-free products such as soaps and shampoos. You might also like **Woolies** dryer balls. And remember to wash with cold water and hang some of your stuff to dry!



RACIAL EQUITY TEAM

On America's Residential Caste System—and How to Abolish It

By Sonali Kolhatkar

Author Sheryll Cashin explores the deliberate design elements of racial segregation within cities like Chicago and St. Louis, where predominantly Black neighborhoods are marked by lower income levels, poorer quality education, lower access to employment, greater violence, and more racist policing. And she offers practical suggestions as to how these structures can be deliberately dismantled.

[Read Full Article](#)

For articles on Race Resources [please click this link.](#)

CALLING ALL JARS

Save your empty pickle, pasta sauce, salsa and other jars. No need to wash them out, just put the cap on and deposit them in the box available in the Alice Warren Room. They will be born again as solar jar lights.

Any questions or if you would like your jar back as a solar jar light, please contact Dennis Sejut at 630-917-1183. Texts welcome.



SOCIAL JUSTICE COLLECTION

The Social Justice Circle is meeting to prioritize our Share the Plate recipients for the coming year on Sunday. We choose groups who support our Unitarian Universalist values and make a positive difference out in the world. The collection in church is received on the second Sunday of the month but you can donate at any point. Hit the donate button on the website and choose Social Action tab. Thank you so much for your generosity in this work!

CURRENT COMMUNITY NEWS

Community Vaccination Clinic - Walk-Ins Welcome - [more info](#)

Buddhist Meditation

Mondays meetings will be held virtually for the immediate future. We're currently reading and discussing the book **No-Nonsense Buddhism for Beginners** by *Noah Rasheta* instead of listening to a dharma talk after we meditate.

Wise Elders' Weekly Conversation, Tuesdays at 3 p.m.

Join the wise elders of our UCH community for wide-ranging conversations about life, memories, stories, and a dash of politics for fun. Use this [link](#) to join by video or join by phone. Contact [Tracey Olson](#) for the phone number. - [more info](#)

UU Class Conversations - [more info](#)

- Response to the Book Caste by Isabelle Wilkerson
- Volunteer Opportunities

2021 Illinois Rental Payment Program

For residents who are behind on their rent payments, due to the COVID-19 pandemic [more info](#)

NEWS & ARTICLE SUBMISSIONS



Monthly Touchstone Needs Submissions

In-depth communication about all the great things going on at church. Get your news and articles in by the 1st of the month to for publication on the 15th to UCHTouchstone@gmail.com

News & Notes Submissions should be sent to

Communication@hinsdaleunitarian.org.

All information for sharing with the wider communication can also go to socialmedia@hinsdaleunitarian.org. The old office email now mainly pertains to business scheduling concerns. Thanks!

Love Reading [Board Minutes](#)? You can find them on our website [here](#).

STAFF CONNECTIONS

Rev Pam will be taking vacation days Thurs - Monday this Week - Back Tues Oct 12th.

You can reach us at our regular email addresses:

- Rev Pam, Onsite Tuesday & Fridays 10 - 2 pm, Virtual - Tuesday thru Saturday 9 - 5 pm. Other times by appt. Monday Sabbath. Minister@hinsdaleunitarian.org 440-570-9812
- Pam Fodor, Monday and Wednesday 9:30-11:30 am Tuesday and Thursday 9:30 am-3:30 pm, Friday and Saturday off. Available on e-mail other days and times. - re@hinsdaleunitarian.org
- Cherita Axel, Social Media, working virtually - Socialmedia@hinsdaleunitarian.org

- John Cooperrider, Facility Manager, available Fridays -grounds@hinsdaleunitarian.org
- Julia Beckman, Music Director -beckman110@comcast.net
- Jamie Pastman, Music Coordinator -music@hinsdaleunitarian.org

